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Martina Furlong, (1) A New Day (2022), Oil on Canvas, 8x8in



Martina Furlong, (31) Wild Freedom, Oil on Canvas, 27.5x35.5in Oil on Canvas

April 1 – May 3 | Martina Furlong *The Whole World Lives Inside Us, New Paintings*

Kenny's 2022 Exhibitions Schedule continues apace as we welcome Martina Furlong for her first solo exhibition with the gallery on the 1st April.

The collection is enigmatically entitled 'The Whole World Lives Inside Us' - suggesting we are to be treated with a glimpse at the artist's landscape of the mind - and it demonstrates the artist's effortless facility in design and expression in paint. The exhibition is the artist's unique, luscious, exuberant take on her surroundings, and the 45 paintings are a cohesive, distinctive and, it must be said, modestly priced statement.

Martina Furlong hails from Co. Wexford, where she now resides after many years living in London. She received a BA (Hons) in Fine Art Painting from Limerick School of Art and Design in 1996.

Furlong paints colourful, textured abstracts and landscapes mostly in oils but also uses acrylics and mixed media. They show her love of colour, shape, line and movement. While Martina's paintings are influenced by the things she sees and experiences daily, as a painting progresses her unconscious takes over and it becomes an organic, intuitive process.

In her work she likes to mix reality with memories, imagination and intuition and paint her own interpretation of it. She exaggerates colour, applies layer upon layer of paint, then works back into the surface with various tools as well as pallet knives and brushes to create sensuous works of art with a wonderful tactile quality.

This series is a continuation of her works inspired by her research into spiritual hunger, the mystery of being human, looking internally and connecting to nature. In February 2020 Martina finished a yearlong course in Embodied Mindfulness as part of that research. She explored these areas further in 2021 with courses on "The Tibetan Book of the Dead" with Embodied Philosophy and "Awakening the Fearless Heart" with Tara Brach, facilitated by NICABM.

Her abstract landscapes are a metaphor for our internal landscape, the sacred place where we process all our daily thoughts, be they negative or positive. The use of dark and bright colours side by side reflects the quest to find a balance between the darkness and light within as we try to navigate our own unique world.

The paintings are built up layer by layer, overlapped, scraped back and drawn into using various tools, giving a sense of history to each piece.

The official opening of **Martina Furlong The Whole World Lives Inside Us, New Paintings**will take place at the Kenny Gallery,
Galway (H91 N5P8)
on Friday 1st April at 6:00pm.

The exhibition will be officially launched by artist Marja Van Kampen.

The exhibition will continue Monday to Saturday, 9:00-17:00, until 3rd May.

Admission is free and all are welcome.





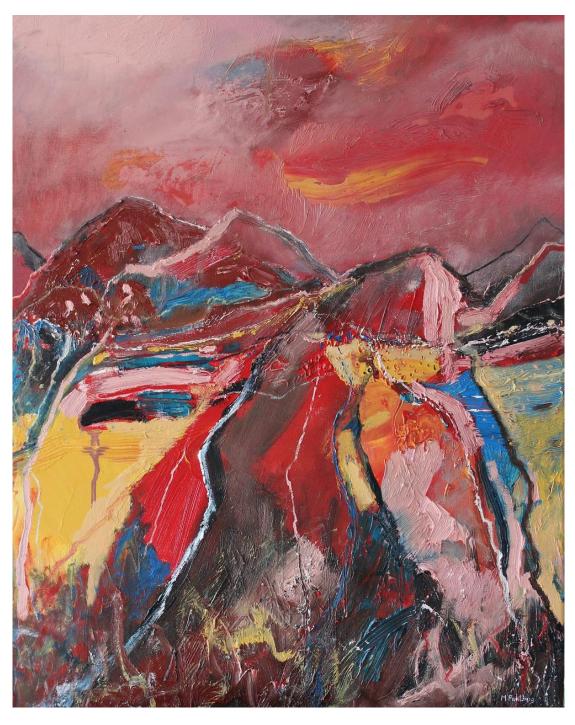
Painter Martina Furlong pictured at Kennys



Martina Furlong, (40) Awaken The Eternal, Ink pens on paper, 12x15.5in



Martina Furlong, (26) The Wild Beauty of Nature II, Oil on Canvas, 19.5x15.5in



Martina Furlong, (25) *The Wild Beauty Of Nature* (2022), Oil on Canvas, 19.5x16in



(front cover, detail) Martina Furlong, (20) The Whole World Lives Inside Us I - oil on wood (15.5x15.5in)

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Gallery hours: Monday to Saturday, 9:00-17:00